

Message from the President:

Dear Young Lohanas,

It is with great pleasure that I take on the role as President of YLA East London for a second term.

The first term was very difficult yet extremely successful, with a newly formed committee and fantastic events. All of this could not have been achieved without my team, and also without the support of you the community attending our events so I thank you all for your support.

We now have a new committee which kicked started with our first event a day trip to Thorpe Park which was thoroughly enjoyed by everyone who attended, and is reviewed on the right hand side of this page (and continued on page 3). The year ahead has many more fantastic events and activities for young lohanas.

We hope you enjoy reading this newsletter, and my personal thanks goes out to all those involved, namely Bhavin Pabari (Editor) for producing yet another great newsletter. I would also like to personally thank AMI coaches and Millenium Cash and Carry for their sponsorship, as well as Elite Recruitment.

I would also like to welcome the new committee members and hope you join me in wishing all of them the best of luck in their new roles.

Congratulations to all that have recently received exam results and best wishes for your pursuits in the future. Please continue to look out for all of our future events at www.YLAEL.com, which also contains details of how to join our mailing list.

Best wishes,

Kunal – President YLA East London

Thorpe Park!



Saturday 9th July saw the YLA team back in action again, as the trip to Thorpe Park came around.

Spirits were high and got even higher during the early morning coach trip as everyone overdosed on sweets and other goodies, kindly donated by Mrs. Hansaben Rach, and drinks donated by Mr. Narendra Popat. There was a fantastic atmosphere on the coach, as all the kids (and adults) waited in anticipation for the day that lay ahead...

Whilst the weather was not the sunniest, this did not stop anyone from venturing out through the park, and waiting in the queues for some of the main attractions, which included Rush, Detonator, Colossus, Nemesis, Inferno Samurai, Logger's Leap and Slammer. These rides were not for the faint hearted and I know that there were some of the elder volunteers (no names mentioned but you know who you are!) who chose to baby-sit the younger kids instead of having themselves thrown upside down and all over the place, not to mention throwing up their lunches! Then there were the true roller coaster junkies and thrill seekers who couldn't get on the rides quick enough, and experienced some of the fastest and most exhilarating rides to be developed in recent times. I'm sure there were also a few churned stomachs afterwards though!

I think that for most people who attended, one of the best rides of the day had to be Tidal Wave... **Continued on page 3**

MILLENNIUM CASH & CARRY LTD.

SPECIALIST SUPPLIERS OF SOFT DRINKS, BEERS, WINES AND SPIRITS.

57 KING EDWARD ROAD,
BARKING, IG11 7TS
(t) 020 8594 1774
(f) 020 8591 7677

Under the Influence – The way in which we interpret the media

The news today is just as important than ever before. With so much going on in the outside world, flooding with information constantly. News is now what can be described as "ambient" constantly around us, constantly giving us information on which we absorb into our knowledge and opinions.

Yet where does this news come from? Far be it for me to incite conspiracy theories on how we are manipulated by what we see and hear, but it is a certainty that all the news we see is biased, after all, not every piece of news in the world can be covered, so some has to be left out. There is also open bias at times we expect it, such as elections when many papers come out in support of one candidate or party, but on an everyday level in the media there are subtle words and phrases which we may not question at all.

"IT WOULD BE WRONG FOR US TO CONDEMN ONE SUCH ATROCITY AND NOT OTHERS"

For news reporter's language is a powerful device. Look at the sentence "The Corporation has offered a four percent increase while the Unions demand ten". Yet if the use of the words "offered" and "demand" are transposed, the meaning becomes quite different. Demand is an aggressive term, leaving us to feel sympathetic to the opposite party, a device often used in the media in order to subconsciously support the status quo.

Another instance is the threat of terrorism. Through the media we have now received terms created by Western governments, such as "axis of evil", coining memorable phrases for us to remember. Yet this is all subjective. While we pine over the loss of loved ones in the heart of our very own capital due to terrorism, people still support wars in foreign countries where countless lives are lost every single day. Are we in the West not just as guilty of acts of terrorism in other countries? Yet you will never here a journalist calling any one of our government ministers a terrorist.

The recent London bombings are a testament to the power of men and women who don't value their lives or the lives of others. There is no questioning the evil of the attacks, yet it would be wrong for us to condemn one such atrocity and not others. The news can say that these were attacks by "Islamic Extremists", because it is easier for the media to tell the story in that way, than to really explain the causes of Islamic fundamentalism and why young British Muslims would commit such a heinous crime.

"Don't believe everything you read" may be a tried and tested cliché, but clichés exists because they hold some truth. Next time you read, see or hear any news consider why the newspapers and television news show us the images they show us, the language they use and why they are using it. Try and take your own meanings, only from questioning what we see will we understand it.

Love me, Hate me, Feel free to tell me

Bhavin Pabari

info@yrael.com

Harry Potter and the Half Blood Prince: Review



After the Christian Bible what is the next most famous book in the world? The Bhagvat Gita?

Unfortunately not, it is actually the world famous Harry Potter books! On 16th July, the 6th book was released all over Britain. Many ran to the likes of Tesco or Asda at the strike of 12 to see what Harry's 6th year at Hogwarts brought him. The 652 pages are filled with humour, snappy dialogue, and filled with secrets, deepening bonds, betrayals, and brutal lessons, many of them coming from the Harry-hating Severus Snape. Harry has been able to retain his trusting nature but at 16, he has realised that even though he regards himself as "Dumbledore's man through and through," he must also be his own man. Much like some of the previous books this one also delves further into teenage life as Hogwarts shows more than one surprising romance. The plot also takes a new turn when we discover the past of Harry's biggest rival Tom Marvolo Riddle also known as You Know Who, which also comes as we see the rise of the dark forces bringing terror to all the wizarding world! Will Harry be able to fight Voldemorts growing army and find out who is telling the truth?

Although this book does not prove to be the most adventurous of the series, it still makes a thrilling read for all the Harry Potter fans and once again proves J.K. Rowling's literary skills in a breathtaking fashion.

Review By Reena Gandesha

Lohana Lottery

A Lohana bairee (wife) gets home, screeches her car into the driveway, runs into the house, slams the door and shouts at the top of her lungs, 'Honey, pack your bags. I won the damn lottery for £1million!'

The husband says, 'Ohmigod! Where are we going, Goa, Switzerland, America...??'

The lohana bairee yells back, 'I couldn't care less... just get the hell out!'

Recipe

NAME: "Ekadashi Sponge – Vegan Cake"

INGREDIENTS:

- 50g (2oz/half cup) potato flour
- 200g (7oz/one and a half cups) buckwheat flour
- 1 teaspoon ground ginger
- 1 and a half teaspoons bicarbonate of soda
- 150g (5oz/three quarter cup) caster sugar
- 200 ml (7 fl oz/three quarter cup) milk or apple juice
- The juice of one lemon
- 50 ml (2 fl oz/quarter cup) sunflower oil
- The juice and the finely grated rind of one medium sized orange.

DIRECTIONS

- Dry and wet method
- Cake tins: two 20cm (8") round tins, greased and floured, or 24 fairy cake cups
- Oven temperature - 180°C (320°F/Gas Mark 4)
- Baking time: 15-20 minutes

In a mixing bowl, sift the potato and buckwheat flours, the ginger and the bicarbonate of soda. Mix in the sugar. In a different bowl, mix together the milk or apple juice and the lemon juice. Add the oil, orange rind and juice. Combine the two mixtures and beat for one minute.

Spoon the mixture into the prepared tins and bake for 15-20 minutes. Check if the cakes are dry in the centre before removing from the oven. Leave them to cool for 10 minutes before turning out. If adding icing, leave them to cool completely.

MORE...Vegan Icing

200 ml (7 fl oz/three quarter cup) orange juice
15g (H oz/1 tablespoon) sugar
2 teaspoons arrowroot

Mix all ingredients in a saucepan and cook over low heat, stirring constantly, until thickened. Do not let it boil. Allow to cool for 2 or 3 minutes and spread on the cake.

Submitted by Shree Ranjani

MAILING LIST

The YLA is always looking to inform the community about up and coming events.

To receive regular updates please join our emailing list by emailing

info@yrael.com

Continued from page 1... This ride, in my opinion, has to be one of the wettest water rides ever created and anyone who sat on it, will know exactly what I'm talking about! There were a lot of soaked people and wet patches on the coach on the way back and I don't think the coach driver was too impressed! Oops!

Another surprise attraction at the park was The Freak Show. From the outside, it seemed like the usual kiddies 'House of Horrors' type thing, which most of us know, are actually more funny than scary. But this was the first haunted house, which actually genuinely achieves what it sets out to do, and that's scare people! You enter the house and are told to wear these 3-D glasses, and then all these weird and wonderful creatures jump out at you. But the scariest features of the entire show were the actors who actually touch and grab you when you least expect it! Trust me, it was definitely genuine screams I heard in there! No wonder I was told not to punch the actors before I went in - now I know why!

The park had a lot of eating venues and I'm sure that some of the kids that attended didn't go hungry or thirsty. There was also the opportunity to take part in water fights, with proper bombs, along with many different attractions for those who wanted a fun day out without the nausea. For example, arcades, Go Karting, and other funfair style games. The journey back consisted of a lot of tired but happy faces with everyone talking animatedly about which rides they'd all been on and which rides they would've liked to re-visit.

I think it's fair to say that the event was a huge success, and I'd like to thank on behalf of all the people who attended, all the members of the YLA team, who made this trip possible. We look forward to the next event! Review by Roopa Ondhia

Graduated and looking for a Job? elite recruitment

EVERY YEAR THOUSANDS OF GRADUATES FINISH UNIVERSITY WITH A DEGREE AND CAN'T FIND A JOB! YOU CAN SPEND HOURS ON AN APPLICATION BUT IF YOUR CV IS NO GOOD THEN YOU WONT GET PAST EVEN THE FIRST STAGES

WHAT WE DO:

- WE CREATE PROFESSIONAL CURRICULUM VITAE'S
- ADVISE AND PROOF READ APPLICATION FORMS
- PROFESSIONAL INTERVIEW COACHING
- ASSESSMENT CENTRE TRAINING
- GIVE ADVICE FROM RECRUITERS, HR EXPERTS & PROFESSIONALS FROM TOP INVESTMENT BANKS

WE HAVE EXPERIENCE IN FIND JOBS IN INVESTMENT BANKS, ACCOUNTING FIRMS, LEGAL, RETAIL AND CONSULTANCY

INTERNSHIPS/ PLACEMENT YEARS/ GRADUATE POSITIONS

FOR MORE INFORMATION CALL MANISHA: 07985 421 008
eliterecruitment@hotmail.co.uk

AMI COACHES
EAST LONDON

Contact Jitesh Kanani
Tel/Fax: (+44) 020 8491 5779
Mobile: (+44) 07931 741901

E-Mail:
amicoaches@hotmail.com



Hum Tum Comic Strip



What is Janmashtami?

Janmashtami, the birth of Lord Krishna is celebrated with great devotion in the August/September months, on the Ashtami of Krishna Paksh or the 8th day of the dark fortnight in the month of Bhadon, in the whole of north India. Temples and homes are beautifully decorated and lit. Attractive features of the celebrations are cribs & other decorations depicting stories of Lord Krishna's childhood. There are five main "jhankis" of Janmashtami, which depict the entire sequence of events from Lord Krishna's birth to his being discovered in Gokul.

The "jhankis" include the birth of Krishna in jail, Vasudev carrying Krishna to safety across the river Yamuna amidst thunder and lightning, Vasudev's return to the jail, Kansa killing Yashoda's daughter and finally the little Krishna in the cradle in Gokul. "Jhankis" are created out of dolls dressed up as kids, men and women with lehngas, chunnis, dhotis & kurtas. Raslila of every type are also performed - Janmlila, Shankarlila, Putnalila and Naglila.

In the evening bhajans are sung which end at midnight, the auspicious moment when Lord Krishna was born. Thereafter arti is done, prasad distributed and flowers showered on the idol. – Source www.indialife.com

ENJOY WRITING? HAVE SOMETHING IMPORTANT TO SAY? WANT TO GET YOUR POINT OF VIEW ACROSS TO THE COMMUNITY?

Then please e-mail your article to Bhavin Pabari at info@yael.com and you may get it published! (Please no articles more than 300 words. All articles subject to editing before being published)

Spot the Difference...

In order to celebrate Janmashtami, below is a 'Spot the Difference' activity! **There are 8 differences**, see if you can spot them all! – Created by Shilpa Kotecha



This document was created with Win2PDF available at <http://www.daneprairie.com>.
The unregistered version of Win2PDF is for evaluation or non-commercial use only.